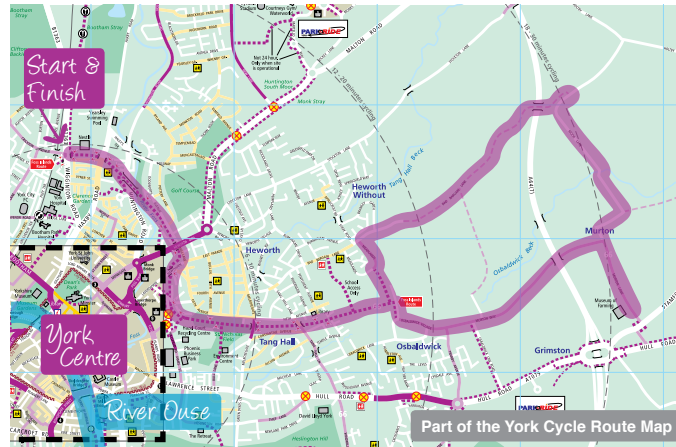


## Ride Notes

- 1** *Foss Islands Cycle Track* takes you all the way to Osbaldwick along the route of the former Derwent Valley Light Railway which amongst other things, brought sugar beet from the countryside to Rowntree's factory. It ran from 1913 until about 1980. Sustrans (Sustainable Transport) owns and manages the track as part of Route 66.
- 2** *St. Nicholas Field* - local nature reserve and environmental community centre.
- 3** Potential new housing scheme site. Consultations are taking place with planners to make sure the cycle track is preserved and improved.
- 4** Holiday cottages.
- 5** *Yorkshire Museum of Farming* now called *Murton Park* because it incorporates a section of the Derwent Valley Light Railway, a Viking village and a Roman Fort. These are used in themed school visits. You can visit the café without visiting the museum.
- 6** *Cattle Market & Auction Centre* - an alternative place for coffee. If you plan to do this ride with children check first if the Cattle Market is running on the day (01904 489731) as Murton Lane traffic can get very heavy on Cattle Market days and on Sunday mornings when there is a car boot sale.



*Time:* This ride may take 40 minutes on the way there and 30 minutes on the return journey.

*Route info:* Approx 7 miles. Half on Foss Islands cycle track which is motor traffic free until Osbaldwick then on country roads with traffic. The traffic varies with time of day and whether it is market day at the Cattle Market.



Cycling City York is a community-led partnership project involving City of York Council, cycle campaign groups, major employers, education and healthcare providers and cycle retailers. Its aim is to improve routes and facilities for cyclists and get more people cycling. York has been designated as a Cycling City from 2008-2011. Please visit our new website [www.cyclingcityyork.org.uk](http://www.cyclingcityyork.org.uk)

For more information on cycle routes in York, guided rides, one-to-one cycle training or for details about Cycling City events and initiatives see [www.york.gov.uk/cycling](http://www.york.gov.uk/cycling), email [cycling.city@york.gov.uk](mailto:cycling.city@york.gov.uk) or phone (01904) 551550.



Sustrans is the UK's leading sustainable transport charity, and also publishes maps of the National Cycle Network routes which pass through York. Thanks to members of the First Friday Cycle Group for the information & to Monica Nelson for the front cover watercolour.  
Olwyn Fonseca

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# Easy cycle rides for leisure

One of a series of short rides  
suitable for most ages and abilities

Time: 1 hr 10 mins



A ride to the  
**Farming Museum along the  
Foss Islands Cycle Track  
& Bad Bargain Lane**

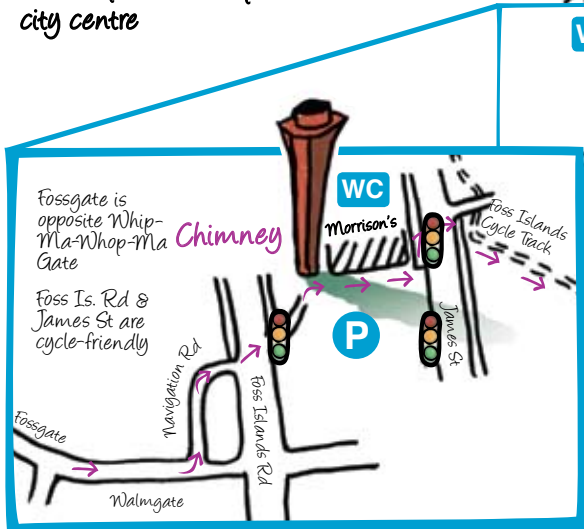
# A ride to the Farming Museum along the Foss Islands Cycle Track & Bad Bargain Lane

## Start & Finish

The cycle track begins between the hospital & the chocolate factory. There are four entrances so no need to cross the road.

You can start the ride at

- A** - beginning of Foss Islands Cycle Track or
- B** - near to Morrison's (see inset map) - nearest point to city centre

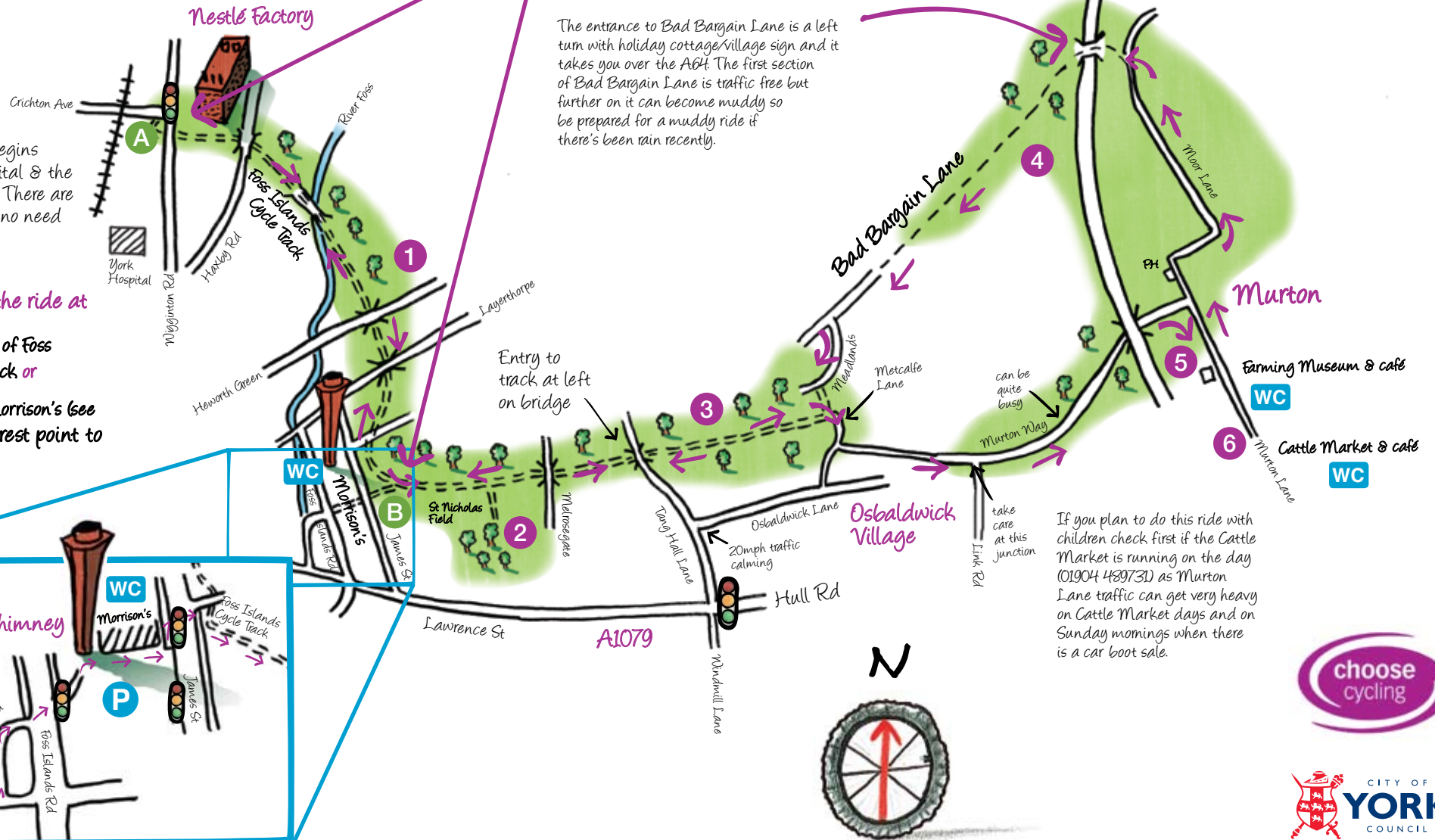


Start under Wigginton Road bridge at the start of Foss Islands cycle route, or at Morrison's Chimney on Foss Islands Road (Morrison's has a nice café for a warming cuppa). From Morrison's head left on James Street to the Toucan crossing and the entrance to Foss Islands cycle track is over the road in front of you.

The entrance to Bad Bargain Lane is a left turn with holiday cottage/village sign and it takes you over the A64. The first section of Bad Bargain Lane is traffic free but further on it can become muddy so be prepared for a muddy ride if there's been rain recently.

bridleway  
(Public right of way)  
-----  
cycle track  
=====

approx 1/2 mile



If you plan to do this ride with children check first if the Cattle Market is running on the day (01904 489731) as Murton Lane traffic can get very heavy on Cattle Market days and on Sunday mornings when there is a car boot sale.

